

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
	09:30 - 10:30 Pilates Rücken Sabina			08:45 - 09:45 Pilates USA Sabina	
				10:00 - 11:00 Pilates Workout Sabina	
16:45 - 17:45 Pilates USA Sabina	16:45 - 17:45 Pilates Classic Sanny	16:45 - 17:45 Beachbody Workout Sabina			
18:00 - 19:00 Cross Workout Sabina	18:00 - 19:00 Bootcamp Sabina	18:00 - 19:00 Full Body Mix Sabina	17:45 - 18:45 Pilates - Yoga Ulli		
19:15 - 20:15 Pilates Beachbody Chrissi	19:15 - 20:15 Fit & Strong Ulli	19:15 - 20:15 Pilates Balance Chrissi	19:00 - 20:00 Fit & Strong Ulli		